



ABOUT US

International Modern Hospital (IMH) is the oldest private hospital in north Dubai. Established in 2005, We were the first private healthcare provider to be inaugurated by His Highness Sheikh Mohammed Bin Rashid Al Maktoum, Prime Minister and Vice President of UAE and the Ruler of Dubai.

IMH is proudly family-owned and truly integrated in its community. We are the natural choice for everyone's health with diagnostic testing, elective surgery, emergency admissions and chronic disease management.

We are available around the clock, every day of the week, so that people with health concerns can access rapid diagnosis and treatment thus alleviating prolonged worrying and anxiety. We strive to maintain waiting times in our Emergency Department of less than 30 minutes from arrival.

IMH is a tertiary multi-specialty hospital that has been fully renovated in 2023 at a cost of over AED 65 million. The modern facilities include a total of 119 beds (with 4 VIP suites), 5 fully equipped operating theatres plus an endoscopy suite, intensive care facilities oncology and dialysis wards and rehabilitation & physiotherapy services.

The services are led by an international management team and delivered by highly skilled and qualified doctors and medical professionals from around the world.

IMH is renowned for its women and children's services (including a 24-hour Paediatric Hotline), orthopaedics, cardiology services boasting a modern Cath. Lab., general surgery, urology, gastroenterology, bariatric and plastic surgery, ENT, ophthalmology, dental and neurosurgery.

IMH's physicians are well known for internal medicine and family medicine services which are available 24/7. In addition, IMH offers neurology, nephrology, endocrinology and pulmonology services.

Colleagues at IMH believe in the organisation's principles and live our values every day. Our focus on exceeding expectations for health and care is evident in exceptional customer feedback scores, including Google reviews.

You can be further assured of the high quality of care as IMH is fully accredited by the Australian Council on Healthcare Standards (ACHS) International. The pathology services are compliant with EIAC.

Access to IMH is easy as we are prominently located on Sheikh Rashid Road, between Al Mina Street and Sheikh Sabah Al Ahmad Al Jaber Al Sabah Street. We have car parking facilities and valet parking options. It's also possible to park at the rear of our hospital on 37 Street and enter the hospital via a sidewalk. Public transport services are convenient too.

Payment couldn't be easier as we are recognised by all the main local insurance companies and by international health fund networks. We also accept cash payments.





OUR MISSION

Health and care that exceeds expectations and brings a healthier future.



OUR VISION

The natural choice for everyone's health.
It's My Hospital.



OUR VALUES

Exceeding expectations through our values:
Excellence, Collaboration,
Empathy, Ethical, Drive.





NEARLY
20 YEARS

OF DEDICATED SERVICE
TO THE COMMUNITY

Inaugurated by H.H. Sheikh Mohammed bin Rashid Al Maktoum, International Modern Hospital (IMH), established in 2005 is a tertiary, multi-specialty hospital offering high quality healthcare and excellent standards of medical and nursing expertise across a wide range of specialties. This pedigree ensures not just clinical excellence but genuine empathy & cultural understanding. Underpinned by international quality standards, state of the art in-house diagnostics, laboratory services and pharmacy, IMH is equipped to offer convenient and patient focused efficient service - one that you can trust.

“THE NATURAL CHOICE FOR EVERYONE’S HEALTH”





30

OVER 30 SPECIALITIES



Anesthesia | Cardiology | Critical Care | Dental | Dermatology | Dietetics | ENT | Emergency Medicine
Endocrinology | Gastroenterology | Gastrointestinal Surgery General Surgery | Internal Medicine
Medical Oncology | Neurology | Neurosurgery | Neonatology Nephrology | Obstetrics & Gynecology
Ophthalmology | Orthopedics | Pediatrics | Pulmonology Physiotherapy | Pathology & Laboratory
Radiology | Sports Medicine | Urology





HELPING YOU FEEL
GOOD ABOUT YOURSELF

BARIATRIC & OBESITY

At Internal Modern Hospital, we offer weight loss treatments to help put you back in control of your body, your health and your life. We offer various weight loss treatments including operations to reduce the size of your stomach, such as gastric bypass surgery, or using gastric balloons that inflate in your stomach to make you feel full after a small meal.

Our range of procedures includes:

- Laparoscopic adjustable gastric banding
- Laparoscopic sleeve gastrectomy
- Laparoscopic mini gastric bypass
- Laparoscopic Roux-en-Y gastric bypass
- Gastric balloon procedure
- Abdominoplasty

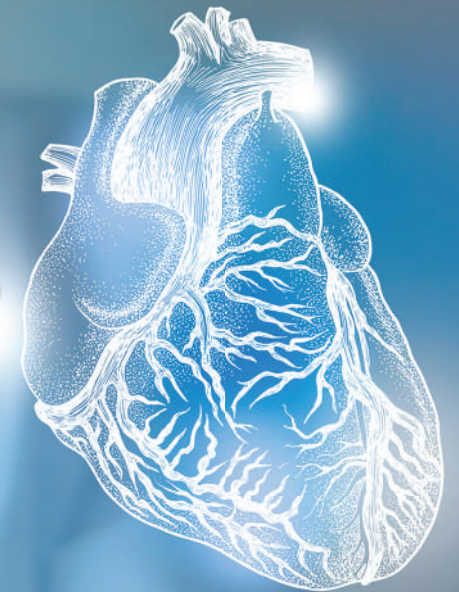
In addition, we have a range of medical treatments for weight loss, including capsule balloons.

CARDIOLOGY

At International Modern Hospital, we will love your heart. We offer fast access to a wide range of procedures from:

- Tests and scans to help investigate and diagnose illness
- To treatments and surgery for more complex heart-related conditions

Whether you have concerns about tightness of your chest and breathing difficulties, high blood pressure, arrhythmia or heart disease, our dedicated expert cardiology team is here to keep your heart running as it should. We have a first-class diagnostic and treatment service for heart conditions including treatment of heart attacks and other life-threatening cardiac problems.



LOVE YOUR HEART

LOOK GOOD FEEL GOOD

At Internal Modern Hospital, we offer an extensive range of cosmetic procedures for both men and women to reduce the effects of ageing or to help change the appearance of a body part you're self-conscious about. From surgical procedures such as rhinoplasty (nose jobs), breast enlargement, liposuction and tummy tucks to skin treatments such as chemical peels or anti-wrinkle injections, our consultants have wide experience in some of the latest techniques and innovations. We are also specialists in treating hair loss with a variety of techniques, including transplant options.



AESTHETIC & PLASTIC SURGERY



GYNAECOLOGY

WOMEN'S HEALTH

At International Modern Hospital, we provide specialist care for women with pelvic, vaginal, bladder and breast problems. This may include problems such as:

- **Difficulty with fertility**
- **Gynaecological cancers including cervical cancer or ovarian cancer**
- **Menstrual cycle (irregular or heavy periods) and the menopause**
- **Pelvic pain disorders**

Our team of experienced doctors and healthcare professionals are here to help you. From surgical procedures to non-invasive methods, we offer fast and easy access to a range of screenings, investigations and preventive and innovative treatment options for gynaecological conditions specific to the needs of your body.



OBSTETRICS & PEDIATRICS

We are always very busy looking after the apple of your eye. Every year, we welcome thousands of new deliveries. Our Pediatric specialists take special care of our newborns. We have a Neonatology unit with all the latest equipment for management in those important first days.



YOUR BUNDLE OF JOY

UROLOGY

MEN'S HEALTH

Urology is a surgical specialty which deals with diseases of the male and female urinary tract (kidneys, ureters, bladder and urethra). It also deals with diseases of the male reproductive organs (prostate, testes, scrotum etc).

At Internation Modern Hospital, our Consultant Urologists offer fast access to diagnostic tests and scans, treatments and aftercare. So you won't have to wait to get back to the things that matter.



WORRIED ABOUT THE BIG “C”

At International Modern Hospital, we specialise in rapidly diagnosing and treating a range of cancers. We will be with you every step of the way to make your journey as comfortable as possible.



Our experts can help with:

- Bladder Lesion Removal
- Bowel surgery, Colostomy & Ileostomy
- Breast Lump Investigation
- Breast Reconstruction
- Cancer testing
- Colonoscopy
- Colposcopy
- Flexible Sigmoidoscopy
- Gastroscopy
- Genetic Testing
- Hysterectomy
- Mammography
- Prostatectomy



BOWEL DISORDERS

FUNNY TUMMY

Don't ignore symptoms of a "funny tummy" such as regular constipation, diarrhoea, bloating, bleeding or pain in your stomach area. Our digestive system provides us with the nutrients and water we need from our food before eliminating toxins from our body. That's why we need our bowels to be in good health. It can be difficult to diagnose many problems that affect the digestive system, including conditions such as Crohn's disease, coeliac/ceciac disease and colitis as well as cancer. We offer a full set of tests for these conditions as well as treatments for painful conditions such as haemorrhoids.



ORTHOPEDIC, SPORTS INJURIES & REHABILITATION

At International Modern Hospital, we know that hip or knee problems can have different causes but are often due to arthritis or sports injuries. Your mobility and independence is important to us. If hip or knee pain is affecting your daily life, there's no need to wait to find out if treatment is right for you. We offer fast access to diagnostic tests and scans, together with expert advice to help you make the right decision about your care.

Our teams of orthopaedic specialists cover perform effective procedures to help get you back to everyday activities. In addition, we have a highly skilled team of physiotherapists who will work with you to maximise your mobility and deliver the best outcomes.



MAINTAINING MOBILITY



A man is seen from behind, running on a path through a lush green forest. A semi-transparent graphic of a human spine is overlaid on his back, extending from his neck down to his lower back. The background is a soft-focus view of trees and a path leading into the distance.

BACK ON
TRACK

SPINAL SURGERY

Sometimes the cause of back or neck problems is hard to identify and pain will reduce in its own in time. However, if you have ongoing problems, we offer fast access to consultations and diagnostic tests and scans. You can get expert advice and treatment that's personalised to you and your needs, with as much aftercare as you clinically need.

Our consultants are experts in their field, offering treatments for a variety of conditions. Medical conditions causing back or neck problems that may benefit from treatment include:

- Arthritis, for example ankylosing spondylitis - inflammation in your spine and other joints
- A slipped or herniated disc - the soft cushion between two vertebra is pushing on a spinal nerve
- Sciatica - compression of a nerve at the bottom of your spinal cord
- Scoliosis - twisting or curvature of your spine, often starting in childhood
- An injury



COMPASSIONATE CARE



NEUROLOGY & NEUROSURGERY

Neurology is the branch of medicine that treats problems and diseases that affect the nervous system. Neurologists are doctors who are skilled at diagnosing and treating conditions like Parkinson's disease. At International Modern Hospital, we undertake testing with electroencephalogram (EEG), video EEG and electromyogram (EMG)

Our Neuro-radiology specialists provide CT and MRI scans which can help evaluate brain, spinal cord nerve plexus, muscle and joint conditions. Our team of experts are available around the clock to treat patients who need immediate help..

Our skilled surgeons perform a wide range of neurosurgery, including:

- **Pediatric Neurosurgery:** Surgical treatment of neurological diseases in children and adolescents. This includes congenital anomalies, brain tumours, and traumatic injuries specific to younger patients.
- **Oncological Neurosurgery:** Surgical treatment of brain and spinal cord tumours. This encompasses benign and malignant growths, aiming for maximum tumour removal while preserving neurological function.
- **Vascular Neurosurgery:** Surgical treatment of brain and spinal cord vascular diseases. Procedures often address aneurysms, arteriovenous malformations, and other vascular abnormalities.
- **Functional Neurosurgery:** Surgical treatment of functional brain disorders such as movement, pain, and epilepsy. Techniques like deep brain stimulation and lesioning procedures are commonly used.
- **Peripheral Nerve Surgery:** Surgical treatment of the body's peripheral nerves. This includes addressing nerve injuries, entrapments, and tumours affecting the peripheral nervous system.
- **Skull Base Surgery:** Surgical treatment of diseases located at the base of the skull, including pituitary tumours, skull base tumours, and vascular diseases. This requires specialized techniques due to the complex anatomy of the region.



EAR, NOSE & THROAT (ENT)

At International Modern Hospital. We appreciate that conditions of the ears, nose and throat can really affect your quality of life and everyday interactions. Our team of experienced consultants and healthcare professionals offer expert advice and fast access to treatments, helping you get back to living your life to the fullest.

Our services include:

- Endoscopic procedures for sinus diseases
- Micro ear surgeries
- Tonsil and adenoid surgeries
- Treatments for snoring
- Neck swellings and treatment
- Specialist services for children

SENSING YOU NEED HELP





GENERAL SURGERY



KEYHOLE SURGERIES

General surgery focuses on treating the abdominal area and intestines including the oesophagus, stomach, small bowel, colon, liver, pancreas, gall bladder and bile ducts. Our surgeons and specialist clinical staff are experienced and provide high quality clinical care. With fast access to consultations and diagnostic tests and scans, we can provide expert advice to help you make the right decision about your care.

Our range of procedures includes:

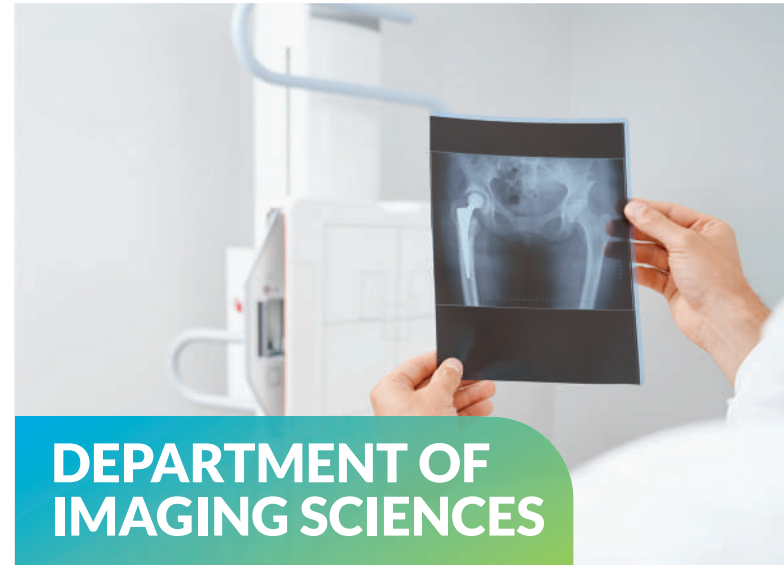
- Minimal access hernia repair for inguinal, hiatus and umbilical hernias
- Minimal access surgery for gall bladder stones
- Open surgery for anal fistula
- Video assisted anal fistula treatment (VAFFT)
- Minimal access surgery for appendicitis
- Laser, stapler, and open treatment for haemorrhoids
- Varicose veins and spider veins correction using laser





CRITICAL CARE MEDICINE

International Modern Hospital enjoys a highly advanced Intensive Care environment dedicated to patient care of the highest level. The Intensive Care Unit is managed by super-specialists who operate specially trained to meet requirements of critically ill patients. These doctors are supported by nurse and paramedic staffs who manage the unit round-the-clock.



DEPARTMENT OF IMAGING SCIENCES

Our imaging department is equipped with state-of-the-art equipment capable of providing quality diagnostic images. Our radiology facility also contains modern and advanced scanning equipments.

**Mammography | Fluoroscopy | Computerized Radiography
Computerized Tomography(CT) | X-Ray | Dental X-Ray
Ultrasound | Scanning Magnetic Resonance Imaging(MRI)
MRI Brain Perfusion Study | 3D / 4D Ultrasound Pregnancy Scan**





INTERNATIONAL MODERN HOSPITAL

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